

Mary Kay Clinical Solutions® Barrier Restore 1:1:3

Frequently Asked Questions

1. What is a skin barrier?

The skin barrier is the outermost layer that protects the skin. Think of it like a brick wall that keeps the good things in, such as moisture, natural oils and nutrients, and the bad things out, such as pollutants, UV rays and harsh chemicals. The brick is made up of skin cells, and the mortar is made up of lipids. The lipid matrix is a precise combination of fatty acids, ceramides and cholesterol, which is necessary to maintain the strength and integrity of the top layer of the skin.

2. Why is it important to maintain a strong skin barrier?

A strong skin barrier is key to having healthy-looking skin now and in the long term. When you have a healthy barrier, skin is protected from moisture loss and maintains vital hydration.

3. What causes a compromised barrier, and how do I know if my skin barrier is compromised?

Factors including the natural aging process, climate, sun overexposure and more can compromise the skin barrier. If you are experiencing skin sensitivity, dryness, redness, itching, rough texture or overall dullness, it could be due to a compromised skin barrier.

4. How does Barrier Restore 1:1:3 work to achieve and maintain a healthy skin barrier?

Mary Kay scientists have worked for years to develop Barrier Restore 1:1:3, testing and retesting to get the ideal combination of ingredients to support skin's own natural lipid matrix. Barrier Restore 1:1:3 has a ratio of 1-part fatty acids to 1-part ceramides to 3-parts cholesterol, providing optimal, fast-acting efficacy.

- Cholesterol: Helps strengthen the skin barrier and improve its ability to retain moisture.
- Ceramides: Help maintain and increase skin's moisture levels and protect the skin barrier from environmental stressors.
- Fatty acids: Help support skin's natural structure and are essential for maintaining the skin's moisture barrier and preventing water loss.

5. If I'm using Barrier Restore 1:1:3, do I still need a moisturizer? Why?

Yes, you still need a moisturizer. Barrier Restore 1:1:3 is a targeted formula that is designed to provide skin barrier repair support and reduce visible skin redness. So, while Barrier Restore 1:1:3 retains and maintains moisture in the skin, a separate moisturizer delivers moisturization benefits. The two formulas work as partners and need each other to optimize your skin's health.

6. Is Barrier Restore 1:1:3 compatible with other Mary Kay® products?

Yes. You can easily work Barrier Restore 1:1:3 into your preferred Mary Kay regimen.

7. Can I still use Mary Kay Clinical Solutions® Retinol 0.3 if my skin barrier is compromised?

If you are experiencing signs of a compromised skin barrier, we recommend reducing the frequency of Retinol 0.3 application until symptoms subside.

8. I've seen other barrier products with a different lipid ratio. Which ratio is correct?

Mary Kay scientists have spent years conducting extensive research on pinpointing the optimal lipid ratio in skin and then developing a formula to mimic that ratio. You can be confident that Barrier Restore 1:1:3 delivers premium results to skin because of the extensive research and formula development.

9. Is Barrier Restore 1:1:3 suitable for all skin types?

Yes, Barrier Restore 1:1:3 is suitable for all skin types, including sensitive skin.

10. Who is the ideal customer for Barrier Restore 1:1:3?

Barrier Restore 1:1:3 is for anyone who wants to improve their skin health and be proactive in keeping skin looking and feeling its best. It also is for anyone experiencing signs of a compromised skin barrier, such as dryness, itchiness, dullness, redness and skin sensitivity.

11. Can men use Barrier Restore 1:1:3?

Barrier Restore 1:1:3 is recommended for both men and women, ages 18 and older.

12. Does Barrier Restore 1:1:3 contain parabens?

No. Barrier Restore 1:1:3 does not contain parabens.

13. Does Barrier Restore 1:1:3 contain fragrance?

Barrier Restore 1:1:3 does not contain fragrance.

14. What are the usage instructions?

Apply both morning and evening as the last step before your preferred moisturizer.

15. What is the average use-up rate for Barrier Restore 1:1:3?

The average use-up rate is one month with twice daily use.

16. What is the shelf life?

The shelf life is three years.