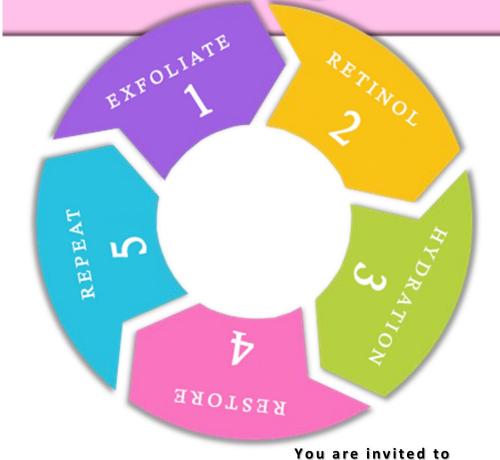
Taking your beauty routine up a level!

## SKIN CYCLING



## W H A T I S SKIN CYCLING?

Skin Cycling is the deliberate and strategic approach to skin care that involves cycling through your evening skin care routine to drive results while minimizing irritation.

The Mary Kay product below will help you

start CYCLING today!

Solutions



TimeWise 3D OR

**TimeWise Repair** 



**Revealing Radiance Facial Peel** 



Microderm



Moisture **Renewing Gel** Mask



Replenishing Serum C+E



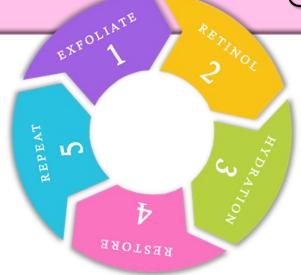
Ceramide **Hydrator** 

## Taking your beauty routine up a level!

F

□ Cleanse

## SKIN CYCLING SCHEDULE



DAY 1

DAY 2

☐ Eye Cream

You will see the GLOW after just 2 cycles, but the true test will be over several months. Skin will look and feel more radiant. Fine lines, wrinkles, breakouts and dark spots will be improved!

G

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M

	The	☐ Replenishing Serum C+E
	RESTORE	☐ TimeWise Repair Lifting Serum
		☐ Day Moisturizer with SPF
		□ Eye Cream
Υ	1 Evening <mark>EXFOLIATE</mark>	DAY 3 Evening <mark>HYDRATE</mark>
	Cleanse	□ Cleanse
	Exfoliate with Microdermabrasion <b>OR</b> Revealing	☐ Hydrate with the Moisture Renewing Gel Mask
	Radiance Facial Peel	☐ Clinical Solutions HA+Ceramide Hydrator
	TimeWise Repair Lifting Serum	□ Night Moisturizer
	Night Moisturizer	☐ Eye Cream
	Eye Cream	
		DAY 4 EveningRESTORE
¥Υ	2 EveningRETINOL	□ Cleanse
	Cleanse	<ul><li>Volufirm Repair Lifting Serum</li></ul>
	Clinical Solutions Retinol 0.5 (use with Facial	□ Night Moisturizer
	Milkespecially if you are just beginning the retinization process.	□ Eye Cream
	Night Moisturizer	DAY 5 EveningRESTART WITH DAY 1