# THE Emotional CYCLE

## STAGE 1

#GIRL BOSS

**Erica Entrepreneur**

AHHHHH!!!! GAHHHHH!!! I AM SO SO SO SO SO SO SO SO EXCITED! I AM OFFICIALLY THE PROUD OWNER OF MY BUSINESS! I'M PRETTY MUCH NOW A #BOSSBABE #DREAM #WINNING #EXCITED #SOOOOOOEXCITED #BOOKWITHME #YOUKNOWYOUWANTTO #ILOVELIFE #EVERYTHINGISAWESOME

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## STAGE 2

#GIRL BOSS

**Erica Entrepreneur**

SERIOUSLY. Why are people in America today so unreliable? Have you ever heard of actually responding to a FREAKING TEXT MESSAGE? If one more person FLAKES on me...GAHHHH! #Frustraded #WhatAmIDoingWrong #ImNotUsingTheScriptsBecauseTheyAreLame

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## STAGE 3

#GIRL BOSS

**Erica Entrepreneur**

This is SO much harder than it looks! I didn't know that in order to be successful I also needed to be consistent! Who even does that? I thought success was easy and convenient? #IGuessImNotLucky #LIES #PMS #CHOCOLATENOW #NotTracking #notPatient

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## STAGE 4

#GIRL BOSS

**Erica Entrepreneur**

Hey look at me over here NOT going to my weekly success meeting and playing Pokemon Go! #WhoopWhoop #EveryoneSucks #TomorrowTomorrow #ILoveNegativity #NegativeVibes #Netflixing

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## STAGE 5

#GIRL BOSS

**Erica Entrepreneur**

I've decided to take a step back in my business. Who was I kidding? I'm not leadership material like my director insists. Besides, I just want to be there for my kids constantly and to be honest my recruiter is annoying. Maybe if I had a different one I'd be successful. #ImActuallyTerrifiedOfSuccessSoImSelfSabotoging

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## STAGE 6a

#GIRL BOSS

**Erica Settles**

I changed my name today. Who was I kidding? I never wanted my own business! I LOVE working 50 hours a week and the commute time is honestly good for my soul! I LOVE MY LIFE! There is nothing I would change! #WhatDreams #GoalsHuh #MediocrityIsAmazing

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## STAGE 6b

#GIRL BOSS

**Erica Entrepreneur**

GAH! Can I be completely honest? I let negative thoughts control my activity and almost derailed my dreams! I am so mad that I even let myself go there! I know I have a calling on my life to lead, to add value to others, and so much more! TODAY is a NEW DAY and I CHOOSE SUCCESS! #TakingResponsibility #IAmNotAVictim $GettingBackOnTheSaddleNow #WhyNotMe

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## STAGE 7

#GIRL BOSS

**Erica Entrepreneur**

AH! I was in such a FUNK! That's so not like me to be negative! I just attended an awesome event and was reminded that SUCCESS IS A CHOICE and it's entirely up to me! I WILL DO THIS! #Recommitted #Accountability #ForMyFamily #ForMe #BecauseI AmCapable

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